

COOKERY IN CHINA



The programme can be tailored to meet the needs of the curriculum at your school and could be used to meet the requirements of the national curriculum.

In addition to the specialist educational content, the highlight will be the active social content with the Chinese teachers and pupils.

An example of a typical school cookery class would be :

8:30-9:30 learn from the teachers how to make the dish-Yu-shiang Shredded Pork (Sautéed with Garlic and Chili Sauce) first learn the materials to cook like pork, shallot, garlic, and farina etc. second the teacher demonstrate how to cook the delicious -Yu-shiang Shredded Pork

9:30-10:30 students cook by themselves according to what they learn from the teacher

10:30-11:30 teacher concludes what the students have done

This is a general structure about the cooking class. The specific time arrangements or duration or contents may be adjusted according to the teacher, but they will be very similar to this one.

Day 1 - Depart on scheduled flight to Beijing.

Day 2 Beijing

Arrive in Beijing and transfer to your hotel.

Day 3 Beijing (B/L/D)

AM: Visit Tiananmen Square and the Forbidden City.

PM: Visit the Temple of Heaven and the Zoo.

Day 4 Beijing (B/L/D)

AM: Visit a Cookery School. Learn how to make Chinese dishes from teachers and each student will have the chance to practice and meet fellow students.

PM: Visit the Bird's Nest and Water Cube, the main 2008 Olympic Venues.

Day 5 Beijing-Luoyang (B/L/D)

AM: Visit the Great Wall of China.

PM: Visit the Summer Palace.

Overnight train to Luoyang.

Day 6 Luoyang (B/L/D)

AM: Visit Luoyang Cookery School. Learn to cook Henan dishes and meet fellow students.

PM: Visit the Dragon Gate Grottoes which has over 100,000 images and statues of Buddha.

Day 7 Luoyang/ShaoLin (B/L/D)

Visit the Shaolin Temple (China's most famous Buddhist Temple famous for martial arts and its cemetery of its great masters) and Pagoda Forest. Learn some martial arts from the monks.

Day 8 Zhengzhou/Beijing (B/L/D)

Drive to Zhengzhou and take a train back to Beijing. Transfer to hotel in Beijing.

Day 9 Beijing (B) - Transfer to Beijing airport for departure flight to London.

Prices start from £1495 per person, travelling during February half-term dates - *1 free leader place per 10 paying pupils.*